



SAFE@WORK

Training Update by *Australian Premier Learning & Australian First Aid*

Edition 2 August 2011

McDonald's - undertakes our fire & first aid training with one call



After many years of undertaking tailored first aid training with us nationally, McDonald's Family Restaurants, Victoria, has now taken advantage of our state-of-the-art fire training systems.

With two OHS problems - they make one phone call!



As you can see, all fire training, both hot and laser simulated was undertaken inside their premises.

No nasty mess or smoke, no uncomfortable weather problems for their team and all undertaken under one roof.

It's not as easy as it looks either, for our systems can be adjusted to simulate varying levels of difficulty.



Our programs are designed to help your staff build confidence

With confidence comes competence!

Why not ask us for more information today

FREE - Safety & First Aid Library for you

To assist you and your team, you can now access first aid and safety tips and general information from our Library, which can be found at: www.premierlearning.com.au

You will be able to access an ever increasing library, which will grow each week.

Subjects currently available to you are:

- ➔ Aspirin - (Helping to save your life);
- ➔ Blood Pressure - (understanding and recording);
- ➔ Confined Spaces - (Awareness);
- ➔ Drug Overdoses - (Recreational Drug Use Emergencies)





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Research:- Cooling patients in post non-traumatic cardiac arrest

Over the past couple of years *Ambulance Service Victoria* has been undertaking clinical trials with the cooling of non traumatic post cardiac arrest patients (to around 33.5° C) by using ice cold IV Normal Saline (2litres bolus dose).

The objective has been to give patient's a better chance of being "neurologically intact" as the brain can be affected by the lack of blood reaching it during a cardiac arrest.

We have been advised that to date there has been no significant improvement in outcomes within the pre-hospital field, however it has become a part of the overall patient management for pre and in-hospital management (findings to be published soon).

Interestingly, in the US (Las Vegas) they have allegedly had interesting results from a smaller sample group e.g. from August of 2008 to mid-April, 64 cardiac arrest patients met the required criteria. Twelve survived, and 11 of those were neurologically intact.

For First Aiders CPR & Defibrillation still remains the 'key' to saving lives until the arrival of an Ambulance.

John Haines



3 OHS Problems & now 1 Solution!

You can now access three (3) new services with one simple phone call -

- * Food Hygiene and Safety Procedures (Follow Workplace Hygiene Procedures SITXOHS002A)
(Implement Food Safety Procedures SITXFSA001A)
- * First Aid
- * Fire & Warden training, and now

With expert hospitality trainers, some with over 20 years experience, and more hospitality courses to follow, you can be assured of continued expert service. To know more, ask for Rohan.

Get a Giggle

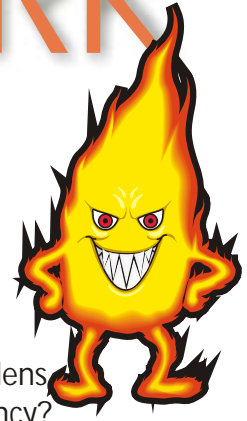


Hmm, did I turn the stove off?



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Legislation Changes

As a matter of courtesy we thought we should advise that legislation for *Planning for Emergencies* has now changed, requiring the training of Fire/Evacuation Wardens to marshal staff, contractors and visitors to safe places in the event of an emergency?

The simplest generic advice we can provide to assist you is as follows:

New OH&S obligation

- 1** Firstly, the new Australian Standard (AS3745-2010). This sets out new standards for 'Planning for emergencies in facilities', including **nationally recognised* training, and requirements for Emergency Control Organisations for buildings, structures and workplaces, such as building evacuation and diagrams.
- 2** Add this to the various state and federal OH&S legislation we are all familiar with, such as employers being obliged to provide:
 - ? Safe premises
 - ? Safe machinery and materials
 - ? Safe systems of work
 - ? Information, instruction, training and supervision
 - ? A suitable working environment and facilities.



And it adds further concerns for OHS Coordinators and managers We can assist you in this training area. For a copy of AS3745 go to: www.saiglobal.com

* BEWARE - even some very well known providers fail to provide *Nationally Recognised* certificates

Only 1 Phone Call.....With Australian Premier Learning for all your Fire, First Aid, OHS & Food Safety and Workplace Hygiene Training.

Phone 1300 975 889 or email info@premierlearning.com.au

FREE Fire Warden & Extinguisher Training

Why not try out our FREE fire training deal. Here's how it works:

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FREE Fire Blanket

25% OFF your first Manual Handling, First Aid or *Hospitality courses (*coming soon)

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