



SAFE@WORK

Training Update by Australian Premier Learning. Formerly Australian First Aid

Edition 1 May 2011

FREE Fire Warden & Extinguisher Training

To launch our new range of fire training programs, we'd like to offer you a FREE training deal. Here's how it works:

Book a Fire Warden or Fire Warden & Extinguisher course for 10 or more students and HALF will be trained FREE for your 1st course! Saving you up to \$975.00.

Oh, and we'll also include.....

FREE Fire Extinguisher
FREE Fire Blanket

FREE



FREE



FREE



25% OFF your first Manual Handling, First Aid or *Hospitality course (*coming soon)

Book Now...Phone 1300 975 889 or email info@premierlearning.com.au today

A New Name after 23 Years...

Welcome to APL for all your Workplace Safety Training

From the 1st of May 2011, *Australian First Aid* commenced trading as: *Australian Premier Learning*.

After 23 years providing training services to Australian companies, the time has come to present a new face to our company, in line with our vastly increased range of services across the safety training sector.

So, What's New For You?

You only need to make one phone call to one provider for the majority of your workplace safety training needs.

Our course range now includes training in:

- First Aid, Fire Extinguisher, Warden & Chief Warden
- Low Voltage Rescue & Hazardous Substances
- Manual Handling for Warehousing & Healthcare
- Coming soon...Hospitality training for RSA, RSG, Food Safety & Food Hygiene

What are the benefits to you?

- Package all your workplace safety training and save.
- You still get to deal with the same friendly team you know
- Consistent teaching methods across your safety training
- Centralised course and student management
- You'll still have the opportunity to tailor your courses
- You'll still be able to utilize our needs analysis and review services
- Australian First Aid Pty Ltd is still the issuing RTO, so all your past and future certificates are valid.



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Environmentally Friendly Fire Extinguisher Training

Did You Know ?

Before we start...did you know that under each state and territory's OHS legislation, fire evacuation training is a legislative requirement in your workplace?

If you are undertaking fire training do you currently undertake it when it's too:

- Cold ,Hot, Windy, Dusty, Wet....or all of these ?

Yuck....Chemicals...

Is your 'hot' fire training, too smokey, and just not environmentally friendly, such as leaving chemical residues? If so, why not consider being environmentally smarter, safer & responsible? Here's how....

Now...Environmentally Friendly Fire Extinguisher Training

Our Training is Environmentally Responsible

- Massively reduce your company's carbon footprint and green house gas emissions.
- Eliminate clouds of dry powder and billowing black smoke from workplaces.

Our Training is Safer

- Live-fire safety with Energy Safe Victoria Certified safety features.
- 12v DC powered.
- Train in controlled and non-toxic environments.
- During extreme weather conditions take training indoors.

Our Training is Smarter

- Patented technology.
- Extinguish fires with ultrasonic sound waves or infra-red, not smoky chemicals & 'Hot' flame fires
- Settings for different classes of fire and fire intensity.
- Fire Blanket training setting.
- Smart Props including Cooking Fat Fire, Rubbish Bin Fire and Electric Motor Fire
- Students P.A.S.S. multiple fires until the required level of competence is achieved.



20% Off First Aid Kits Until June 30th



Car/Travel Kits



Wallmount Kits



Portable Kits



Softpack Kits

To redeem this offer, call 1300 990 858 and Quote 'APL Offer' when ordering. Info at www.medicmedia.com.au



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Research: Aspirin Helping to Save Your Life

The *International Liaison Committee on Resuscitation* (ILCOR), which is a grouping of all major international resuscitation bodies, recently undertook an *Evidence-Based Review of Science for Emergency Cardiac Care*.

They posed the following question:

"In patients with chest pain, does helping administer aspirin, compared with not administering aspirin, improve outcomes?"



ILCOR's consensus on science found:

Evidence from large randomized trials (*LOE 1) clearly demonstrates that administration of aspirin within the first 24 hours of onset of chest pain in patients with acute coronary syndromes reduces mortality.

Evidence from a retrospective registry (*LOE 3) suggests that pre-hospital administration of aspirin also reduces mortality in patients with acute heart attack.

There is also some evidence from retrospective reviews (*LOE 4) that pre-hospital administration of aspirin is safe.

There are no studies evaluating the safety and efficacy of having first aid providers or lay people help administer aspirin to patients with chest pain. Based on expert opinion (*LOE 5) it appears that this practice would be safe and effective although the magnitude of this benefit is hard to estimate.

* Level of Evidence Guide (LOE):

LOE (1) Systematic reviews, meta-analyses, randomized controlled trials

LOE (2) Two groups, non-randomised studies (e.g. cohort, case control)

LOE (3) One group, non-randomised (e.g. before & after, pretest and posttest)

LOE (4) Descriptive studies that include analysis of outcomes (single subject design, case series)

LOE (5) Case reports and expert opinion that include narrative literature reviews and consensus statements

Get a Giggle

Fire Safety: The Right WayAnd The Wrong Way

